



CRIMINAL JUSTICE

SERVICES



Find addiction treatment help
today at **Gaudenzia!**

833.647.0719

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Gaudenzia serves nearly 20,000 individuals a year across Maryland, Delaware, Pennsylvania, and Washington, D.C., providing a broad range of substance abuse treatment programs. Our drug and alcohol abuse treatment and mental health treatment help individuals heal, recover, and lay the foundations for a better quality of life. Part of our care and support is criminal justice services designed to meet criminal justice clients' needs in correctional treatment or facing court-appointed rehab as an alternative to incarceration.

Whether clients are in a criminal justice facility, on parole or probation, or mandated treatment, our criminal justice services can deliver the necessary care to promote lasting recovery.



Understanding Substance Use Disorder

A substance use disorder (SUD) occurs when an individual cannot regulate the amount and frequency of drugs or alcohol they take. While a person may have a substance use disorder and not be addicted, struggling with a SUD greatly increases the risk of developing the disease of addiction. Depending on the substance and an individual's unique history, the effects of drug or alcohol abuse will vary. However, continued alcohol abuse and drug abuse will lead to significant changes in an individual's brain chemistry, leading to dependency, that is, addiction.

Substances like drugs and alcohol trigger the release of chemicals by the brain, such as dopamine. Dopamine regulates our emotions, decision-making, and how we process pleasure and pain. Using drugs and alcohol is a means individuals frequently turn to to deal with stress, trauma, or the discomfort caused by mental health issues like depression or anxiety. This kind of self-medicating almost always leads to dependency. Addiction occurs when individuals need to use substances to generate dopamine. This leaves them dependent upon drugs or alcohol to simply function normally and avoid severe withdrawal symptoms. Unfortunately, addiction also worsens the underlying mental health issue. This is why it is important to have access to the kind of addiction and **mental health treatment programs** Gaudenzia offers.

For incarcerated individuals, substance use disorder is prevalent. This means these individuals need immediate and specially designed treatment programs. Our criminal justice services provide the legal system and law enforcement to reduce recidivism and help individuals heal. Our substance use disorder treatment programs address the physical, mental, and emotional aspects of addiction. Our criminal justice services include:

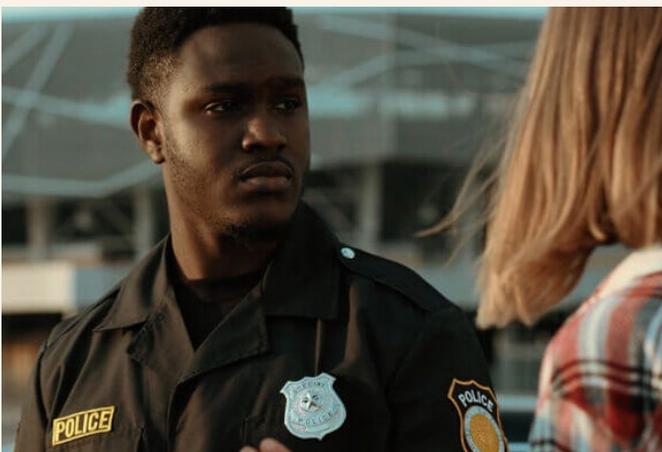
- **Depression treatment**
- **Bipolar disorder treatment**
- **Anxiety disorder treatment**
- **Post-traumatic stress disorder treatment**
- **Alcohol addiction treatment**
- **Heroin addiction treatment**
- **Meth addiction treatment**
- **Fentanyl addiction treatment**

Whether it's mental health treatment or substance use disorder treatment, Gaudenzia can help.

Co-Occurring Referrals from Justice System Support

If you've been referred for mental health treatment through the justice system or for addiction treatment, Gaudenzia can help. We work closely with clients to understand their needs. This allows us to conduct a full assessment and create a customized plan. At each step of the process, we empower clients to control their health back from addiction and encourage individuals as they strive to improve their mental health.

It is common for individuals struggling with substance use disorder to also have an underlying mental health issue. Often, this mental health issue is unknown to the individual. They turn to drugs or alcohol as a form of self-medication. When this happens, individuals deal with a co-occurring disorder and require dual diagnosis treatment to simultaneously address addiction and mental health. Reach out to us today to learn more about how we can work with you to ensure you meet the justice system's requirements. At the same time, we want to ensure your health and mental well-being needs are met while receiving this care.



Our Treatment Programs:

Gaudenzia offers a wide range of treatment programs to meet the unique needs of individuals. No matter what program best fits an individual's specific situation, we offer comprehensive, high-quality care.

» Intensive Outpatient Programs (IOP)

An intensive outpatient program (IOP) is a treatment plan that includes measurable milestones – goals set with a therapist and meeting all legal requirements. We ensure a client's progress is tracked as goals and milestones are met. As clients do so, the amount of time spent in treatment gradually reduces. During **outpatient treatment programs**, clients work with our team in individual counseling, group therapy, and other therapeutic services as necessary, such as 12-step programs as a way to further support your recovery and sobriety.

» Partial Hospitalization Program (PHP)

When individuals enter our partial hospitalization program, they get a lot of attention in a highly structured program. Typically, individuals spend several hours each day at our facility working through their issues in our various therapy sessions. Most will come in three to five days a week for therapy. This is a highly-structured daytime program at Gaudenzia. At the end of each day, clients return to their home, sober living facility, or correctional facility.

PHP is an excellent option for those who may not need or cannot participate in residential treatment but still need a fair amount of support. At this level, the goal is often to prevent the

worsening of an individual's mental health issues or addiction. After an evaluation, our team will then determine the right type and level of care for you based on your needs, including for:

- **Legal requirements**
- **Co-occurring disorders**
- **Medical stability**
- **Mental wellbeing**

During partial hospitalization, clients will see your treatment improve day by day. PHP includes working through individual and group therapy sessions and even can incorporate family therapy.

» **Outpatient Treatment Program**

In our outpatient treatment program, individuals continue to get the one-on-one support they need to continue their recovery from drugs or alcohol and maintain a healthy mental state. For those with mild substance abuse, outpatient rehab is a solid option. Court-ordered rehab can be conducted through outpatient treatment giving individuals the flexibility they need to maintain a normal schedule while getting the treatment they need and is required.

During treatment, individuals come to our facility at various times throughout the day and over the week. This will depend on the legal requirements an individual needs to meet or the correctional institution's allowances. An individual's condition will affect the number of treatment sessions, duration, and frequency. Gaudenzia can provide a full assessment, discuss options to meet legal requirements, and ensuring clients understand all of the risks and opportunities present.

Our Rehab Program Therapies

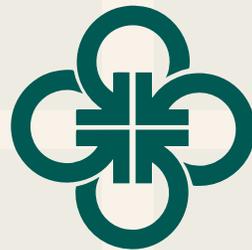
Gaudenzia offers a range of treatment therapies. No matter what type of care you enroll in with us, we can incorporate numerous treatment options. This allows us to customize treatment plans so that they meet the specific needs of clients. Some of the therapies we offer as part of our criminal justice services include:

- **Cognitive-Behavioral Therapy:** CBT helps individuals learn how to change negative thought patterns to prevent negative thoughts and self-image from drug and alcohol use.
- **Individual Therapy:** Clients work one-on-one with a counselor or therapist to develop skills to identify triggers, learn healthy coping mechanisms, and ultimately overcome SUD and any mental health issues. Individual therapy sessions help with stress management, communication, trauma, and much more.
- **Group Therapy:** During group therapy, clients work with a group of peers, each experiencing similar struggles with drug or alcohol addiction or mental health issues. By listening to and sharing experiences with others going through similar types of challenges, clients can learn more about their situation, discover new ways to address their issues, and get the support they need.
- **Holistic Therapy:** Our addiction treatment programs provide numerous ways to heal. Addiction is a complex disease with physical and mental aspects requiring support to heal an individual's body and mind, and spirit.

Criminal Justice Services at Gaudenzia

Call Gaudenzia today at **833.647.0719** to speak with one of our friendly and compassionate admissions representatives. They can answer your questions, address your concerns, and give you more details about our programs and locations. Substance use disorder or addiction doesn't have to compound the issues an individual is facing. Our criminal justice services can deliver the necessary treatment to help individuals heal while incarcerated or needing court-ordered rehabilitation.

Reach out for help today.



GAUDENZIA

Call **833.647.0719** to learn more.